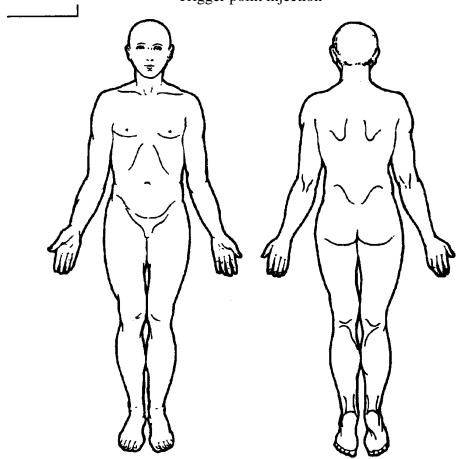
How long have you had this pain?	
Pain is worsened by?	
•	
Pain is improved by?	
1 ,	

Pain Level 0 1 2 3 4 5 6 7 8 9 10

Circle the treatments you have had for this Pain:

Anti-inflammatory medication
Pain medication
Muscle relaxants
Physical therapy
Acupuncture
Biofeedback
Pilates
Yoga
TENS unit
Trigger point injection



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